

OCEANA DAY SPA NOW OPEN



Located within Aquafit Fitness & Leisure Centre, Oceana Day Spa Is The Crowning Jewel In The Clubs Redevelopment . Oceana offers the exclusive range of Elemis products and beauty rituals and features state of the art equipment from Europe, not available anywhere else in the Country. It truly is a pamper place like no other.

Full Staff of Oceana - (From top left) Tom, Scott, Kim, Julieanne, Karen, Rita, Simone, Cindy, Nicola and Dusty

The Oceana Day Spa has been designed to give the spa visitor a sense of peace, tranquility and wellness where you can relax, unwind and indulge yourself with a range of services and products to suit your own nature and needs.

The first day spa of this size and class in the Macarthur region, Oceana has nine treatment rooms where a wide variety of treatments are carried out. Four of the rooms are specifically designed to carry out dry therapies such as massages, facials, waxing and the very latest Intense Pulse Light treatment for permanent hair reduction or skin rejuvenation treatments. Four treatment rooms have a combination of either custom designed showers or luxury slipper baths for the intensive Elemis body wraps. The rooms with baths are used for our ceremonial bathing rituals. The ninth room has been set aside for a fully automatic spray-on suntan booth due to be installed during August which assures total privacy during the suntan spray application and results in a sensational appearance after the treatment.

Although the entire day spa design and construction is of a five star standard, two treatment rooms deserve special mention as they are fairly unique.

The pairs room is sensational, consisting of two treatment beds and two slipper baths. This room can be used by two friends or two relatives looking for an environment where they can totally relax and be pampered. All of the treatments in our brochure can be offered to couples in the pairs room. Due to the design of the room, the colour scheme, the lighting, the Zen water feature and the music being played in the background an immediate feeling of peace, calm and relaxation pervades the mind and body and this happens before any treatment takes place. Really an experience not to be missed.

Another experience not to be missed is our Dry Float. The Dry Float is mentioned in the Oceana Day Spa Brochure under the various body wrap treatments as either "wrap or float" and provides unmatched relaxation in a mentally soothing environment. The treatment features a heated floatation bed in which you are wrapped in a buoyant impermeable cocoon which gradually submerges you into tank of warm water leaving you with the pleasant sensation of floating weightlessly, without getting wet. Suspended, gravity free, your body is relieved of all pressure on the spine and joints allowing you to slip into a state of deep relaxation. The Float's uniform warmth enhances the body's absorption of the body wrap treatment products. Although widely used in Europe and the USA, in Australia, the Dry Float is a unique experience that is only available at Oceana Day Spa in Campbelltown.

We have 7 highly qualified Therapists at your disposal who have their own specialties such as massage, manicures & pedicures, make up, waxing, tinting and aromatherapy. Our therapists have also been fully trained in the range of Elemis spa treatments and are extremely skilled in the wide variety of Elemis therapies and exotic rituals. We also have on our team, an experienced make-up artist to make you look and feel fantastic for that special occasion. Full details can be found at the Oceana website www.oceanadayspa.com.au

In addition to the above services Oceana is offering Intense Light Pulse Therapy for permanent hair reduction and skin rejuvenation. This is the very latest technology from Europe and compliments the other services offered by Oceana. For further information on all the services on offer, you can simply visit us for a chat with one of the therapists or telephone 4627 3900 for an appointment, to arrange a consultation or a spa tour.



MEMBERS SPECIALS IDEAL FOR FATHERS DAY

The Elemis products used in the treatments are available at the spa shop at a discount of 10% to all Catholic Club and Aquafit members. Gift Packs for him or her are also available as excellent presents for Fathers Day, Mothers day, Birthdays and Anniversaries. Or if you would really like to give something special to someone special Gift Certificates are also available.