

OCEANA DAY SPA OPENS THURSDAY 1 JULY

Located within Aquafit Fitness & Leisure Centre Oceana Day Spa is the crowning jewel in the Clubs redevelopment. The Day Spa will provide a unique service in Macarthur offering the exclusive range of Elemis products and beauty rituals. A pamper place like no other.

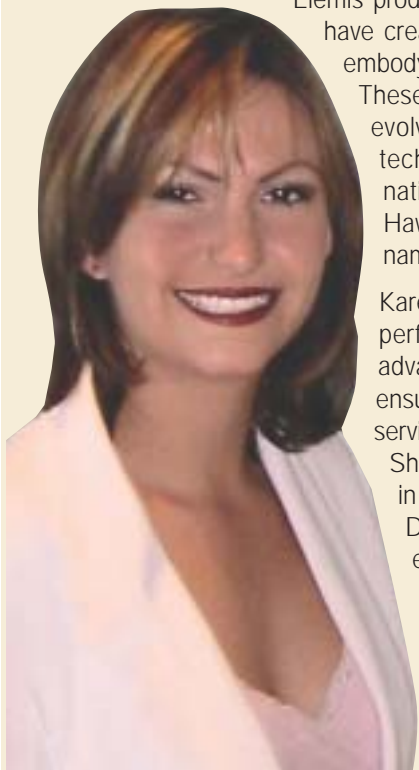
We thought it was timely to tell you a little more about this exciting new facility and give you a small taste of what you can expect.

INTRODUCING KAREN CONNELLY OWNER & MANAGER OF THE OCEANA DAY SPA

Karen has been involved in the Beauty Therapy industry since 1997 and has been extensively trained by Elemis International both here in Australia and at the Elemis training centre in the UK. She has also had the opportunity to work with the Elemis products and services on board cruise liners for three years. We asked Karen why Elemis?

"Since I became involved in the Beauty Therapy industry I have worked with a wide variety of products from around the world and have found that none of them come close to offering the total holistic approach created by Elemis. Not only are the Elemis products of the highest quality, they have created a menu of treatments that embody "The Ten Cultural Touches". These Ten Cultural Touches have evolved from different massage techniques practiced by many nations from around the world. Hawaii, Thailand, Japan, China to name a few."

Karen's roles in the spa will include performing some of the more advanced treatments as well as ensuring that the quality of all the services is of a very high standard. She has also been actively involved in the process of designing the Day Spa, using her previous experience in the field to develop an environment that fits all the criteria needed to create a warm, inviting and relaxing environment.



OCEANA DAY SPA AND THE ELEMIS RANGE OF PRODUCTS

With the opening of Oceana Day Spa we are introducing a new spa concept to the Macarthur area where you can find time to relax in absolute peace and bliss while being treated to a large range of Beauty Therapy treatments to suit your own personal needs. Enjoy being spoiled in one of our eight private treatment rooms, or bring a friend or partner, where you will both be pampered in our couple's room.

Our highly trained therapists will recommend a myriad of therapies to indulge, detox and de-stress both our male and female customers. Each treatment is designed to offer you a unique and tranquil experience. Our luxurious slipper baths form part of some of the rituals you can experience during your stay with us.

One of the most commonly asked questions that has been asked by the club members and customers about the Oceana Day Spa over the past few months is, "What /why is the Elemis range of Beauty Therapy services and products?". We believe that this question is probably best answered by the following maxim from the Elemis literature.

"As this new century gets underway, the Western world has begun to realise that beauty is no longer skin deep. Our increasing awareness of the interaction between inner and outer beauty has led to a huge interest in complimentary therapies, different approaches to spirituality and also the realisation that we need time for ourselves as well as for others. Achieving wellness and happiness is now seen as a truly holistic process, becoming inextricably linked with our perception of beauty".

Elemis is committed to using only the finest, and most effective concentration of organic herbs, flowers and active bases by using only premium grades of extracts in the formulation of their products. Our aim is to help our customers achieve a balance of

skin, body and mind, improving their inner and outer health by offering treatment services and premium quality aromatherapy based products created by Elemis.

In continuing with the holistic approach to skincare and health we have also decided on using Bio Sculpture Gel Nails. We will also be offering further services that will include nail therapy including spa manicures and spa pedicures and as our philosophy is to treat the nails we have decided to introduce you to Bio sculpture which have the same look as acrylic nails, but are designed more with the protection of the natural nail in mind.

The Bio Sculpture Gel range ensures no damage to natural nails, with no odors or fumes and very little buffing. This product is longwearing, chip-proof and comes in a wonderful range of fashionable colours.

To enhance your inner beauty on a special occasion our beauty therapists will look after all your make up needs whether your looking for casual, sexy, funky, natural, glamorous or just perfect for your wedding day, anything is possible with the beautiful range of Napoleon make up available at the spa.

As we all know the dangers of the sun are becoming more aggressive and getting a beautiful bronzed body in the sun is just not safe anymore, so why not go for an instant tan that takes only seconds to apply and looks sensational, the TechnoTan range of tanning products are suitable for all skin types, dries instantly, is odorless, and leaves you with an even all over tan. The tanning solution is applied automatically using our SoloTan Spray Booth giving you complete privacy while the tanning solution is applied.

Oceana will be offering highly effective waxing services using high quality wax and the use of body brushing to ensure an effective treatment. To compliment this service we will also be offering permanent hair reduction using IPL (Intense Pulse Light) technology. Impulse light therapy has been available for almost ten years and we have used this experience within the industry to introduce the very latest IPL equipment for both hair reduction and skin photo-rejuvenation. This technology can be used for small area hair removal, for example on the upper lip, to full leg and body hair removal. The same technology can be used to combat the effects of aging and sun exposure by treating red complexion, fine lines, wrinkles, large pores and liver spots. This will assist in improving facial appearance and skin tone.

The telephone number for enquiries and bookings for the Ocean Day Spa will be 4627 3900, however this number will only be available as and from the 21 of June 2004. The web site will also be accessible during the same week and we can be contacted via the web at oceanadayspa.com.au Karen and her team are looking forward to hearing from the members of the King of Clubs, Aquafit fitness and leisure and residents of the Macarthur area and will be pleased to answer any questions you may have regarding our products and services.

